



Software Engineering
Rochester Institute
of Technology

Introduction to eXtreme Programming (XP)

Rochester Institute of Technology
Software Engineering Department

Extreme Programming (XP)

- ✓ **Kent Beck – “C3 Project” – Chrysler Comprehensive Compensation system.**
- ✓ **XP Values:**
 - ***Communication***
 - ***Courage***
 - ***Feedback***
 - ***Simplicity***
 - ***Respect (2nd edition)***
- ✓ **Established the Twelve Practices**



Four Project Variables

- ✓ **Time** – duration of the project
 - ✓ **Quality** – the requirements for ‘correctness’
 - ✓ **Resources** – personnel, equipment, etc.
 - ✓ **Scope** – what is to be done; the features to be implemented
-
- ✓ Pick three, any three . . .



Original Twelve Practices (XP)

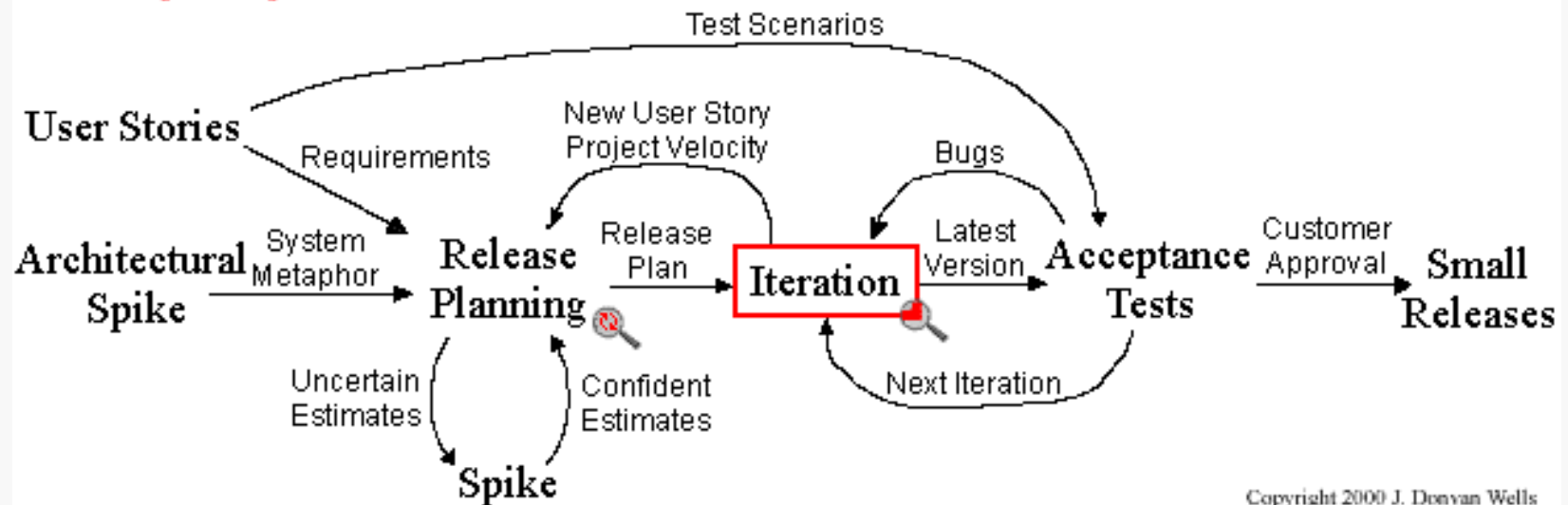
- ✓ **Metaphor**
- ✓ **Release Planning**
- ✓ **Testing**
- ✓ **Pair Programming**
- ✓ **Refactoring**
- ✓ **Simple Design**
- ✓ **Collective Code Ownership**
- ✓ **Continuous Integration**
- ✓ **On-site Customer**
- ✓ **Small Releases**
- ✓ **40-Hour Work Week**
- ✓ **Coding Standards**



The Extreme Lifecycle



Extreme Programming Project



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from "Extreme Programming: a gentle introduction"

<http://www.extremeprogramming.org/>



The 12 Practices of XP

- 1. Metaphor**
- 2. Release Planning**
- 3. Testing**
- 4. Pair Programming**
- 5. Refactoring**
- 6. Simple Design**
- 7. Collective Code Ownership**
- 8. Continuous Integration**
- 9. On-site Customer**
- 10. Small Releases**
- 11. 40-Hour Work Week**
- 12. Coding Standards**

Metaphor

- ✓ **The closest XP comes to architecture**
- ✓ **Gives the team a consistent picture of describing the system, where new parts fit, etc.**
- ✓ **C3 payroll . . . The paycheck goes down the assembly line and pieces of information are added.**
- ✓ **Sometimes, you just can't come up with one**

Release Planning

- ✓ **Requirements via User Stories**
 - *Short (index-card length) natural language description of what a customer wants (A commitment for further conversation)*
 - *Prioritized by customer*
 - *Resource and risk estimated by developers*
- ✓ **Via “The Planning Game”**
 - *Highest priority, highest risk user stories included in early “time boxed” increments*
- ✓ **Play the Planning Game after each increment**

✓ Test-Driven Development (TDD)

- *Write tests before code*
- *Tests are automated*
- *Often use xUnit framework*
- *Must run at 100% before proceeding*
- *Great example of XP style TDD with Bob Martin:*
<http://www.objectmentor.com/resources/articles/xpepisode.htm>

✓ Acceptance Tests

- *Written with the customer*
- *Acts as “contract”*
- *Measure of progress*



Pair Programming

Pair-programming has been popularized by the eXtreme Programming (XP) methodology



With pair-programming:

- **Two software engineers work on one task at one computer**
- **One engineer, the driver, has control of the keyboard and mouse and creates the implementation**
- **The other engineer, the navigator, watches the driver's implementation to identify defects and participates in on-demand brainstorming**
- **The roles of driver and observer are periodically rotated between the two software engineers**

Research Findings to Date

- ✓ **Strong anecdotal evidence from industry**
 - *“We can produce near defect-free code in less than half the time.”*

- ✓ **Empirical Study**
 - *Pairs produced higher quality code*
 - 15% more test cases passed (difference statistically significant)
 - *Pairs completed their tasks in about half the time*
 - 58% of elapsed time (difference not statistically significant)
 - *Most programmers reluctantly embark on pair programming*
 - Pairs enjoy their work more (92%)
 - Pairs feel more confident in their work products (96%)

Refactor Mercilessly

- ✓ **Improve the design of existing code without changing functionality**
 - ***Simplify code***
 - ***Opportunity for abstraction***
 - ***Remove duplicate code***

- ✓ **Relies on testing to ensure nothing breaks in the process of refactoring.**

Simple Design

- ✓ No Big Design Up Front (BDUF)
- ✓ “Do The Simplest Thing That Could Possibly Work”
 - *Including documentation*
- “You Aren’t Gonna Need It” (YAGNI)
- ✓ CRC cards (optional)
- ✓ **Technical Debt**
 - *Total amount of less-than-perfect design and implementation decisions in your project*
 - *XP takes a fanatical approach to reducing technical debt via simple design and refactoring*

Collective Code Ownership

- ✓ **Code to belongs to the project, not to an individual engineer**
- ✓ **As engineers develop required functionality, they may browse into *and modify* any class.**



Continuous Integration

- ✓ **Pair writes up unit test cases and code for a task (part of a user story)**
- ✓ **Pair unit tests code to 100%**
- ✓ **Pair integrates**
- ✓ **Pair runs ALL unit test cases to 100%**
- ✓ **Pair moves on to next task with clean slate and clear mind**
- ✓ **Should happen once or twice a day.**
- ✓ **Prevents IntegrationHell**

On-Site Customer

- ✓ Customer available on site to clarify stories and to make critical business decisions.
 - *Product managers, domain experts, interaction designers, business analysts*
 - *Ideally 2 “customers” for every three programmers*
- ✓ Developers don’t make assumptions
- ✓ Developers don’t have to wait for decisions
- ✓ Face to face communication minimizes the chances of misunderstanding

Small Releases

- ✓ Timeboxed
- ✓ As small as possible, but still delivering business value
 - *No releases to 'implement the database'*
- ✓ Get customer feedback early and often
- ✓ Do the planning game after each iteration
 - *Do they want something different?*
 - *Have their priorities changed?*

Sustainable Pace

- ✓ **Kent Beck says, “ . . . fresh and eager every morning, and tired and satisfied every night”**
- ✓ **Burning the midnight oil kills performance**
- ✓ **Tired developers make more mistakes, which slows you down more in the long run**
- ✓ **If you mess with people’s personal lives (by taking it over), in the long run the project will pay the consequences**

Coding

✓ Use Coding Conventions

- *Considering Pair Programming, Refactor Mercilessly, and Collective Code Ownership . . . need to easily find your way around (other people's) code*

✓ Method Commenting

- *Priority placed on* intention-revealing code
 - If your code needs a comment to explain it, rewrite it.
 - If you can't explain your code with a comment, rewrite it.

The 13th Practice?

The Stand Up Meeting

- ✓ **Start day with 15-minute meeting**
 - *Everyone stands up (so the meeting stays short) in circle*
 - *Going around the room everyone says specifically:*
 - **What they did the day before**
 - **What they plan to do today**
 - **Any obstacles they are experiencing**
 - *Can be the way pairs are formed*



2nd Edition of XP

- ✓ Practices divided into “primary” and corollary”
- ✓ Primary practices
 - *Sit together*
 - *Whole team*
 - *Information workspace*
 - *Energized work*
 - *Pair Programming*
 - *Stories*
 - *Weekly cycle*
 - *Quarterly cycle*
 - *Slack*
 - *10 minute build*
 - *Continuous integration*
 - *Test First Programming*
 - *Incremental design*



2nd Edition of XP

✓ Corollary Practices

- *Real customer involvement*
- *Incremental deployment*
- *Team continuity*
- *Shrinking teams (frees people to form more teams)*
- *Root-cause analysis (see next slide)*
- *Shared code*
- *Code and test (only permanent artifacts)*
- *Single code base*
- *Daily deployment*
- *Negotiated scope contracts (time, cost, quality fixed)*

Root Cause Analysis

- ✓ Every time a defect is found, eliminate the defect *and* its cause.
- ✓ XP response to a defect:
 - *Write an automated system-level test that demonstrates the defect.*
 - *Write a unit test that also reproduces the defect*
 - *Fix the system so that the unit test passes (should also cause system test to pass)*
 - *Once the defect is resolved, figure out why the defect was created and wasn't caught.*

XP/Scrum Cross Reference

✓ Collaboration

- *Sit together (XP) -> Open work environment (Scrum)*
- *Whole Team -> Scrum Team*
- *Stand-Up Meetings -> Daily Scrum*
- *Iteration Demo -> Sprint Review*

✓ Planning

- *Release Planning -> Product Backlog*
- *Iteration Planning -> Sprints*
- *Stories -> Backlog Items*

✓ In general...

- *XP leans towards development practices*
- *Scrum leans towards project management practices*



Resources

- *Agile Software Development Portal:*
agile.csc.ncsu.edu/
- *Agile Alliance –* www.agilealliance.com
- www.extremeprogramming.org/
- *Laurie Williams – North Carolina State:*
collaboration.csc.ncsu.edu/laurie/index.html
- [Extreme Programming Explained – 2nd Edition](#), Kent Beck
- [Agile Development](#), James Shore & Shane Warden